

THE SEVEN SACRAMENTS

Sacraments of Initiation

Baptism, Eucharist, Confirmation

Sacraments of Healing

Reconciliation, Anointing of the Sick

Sacraments of Service

Matrimony, Holy Orders

THE GREAT COMMANDMENT

“You shall love the Lord, your God, with all your heart, and with all your soul, and with all your mind, and with all your strength.

You shall love your neighbor as yourself.”

(Matthew 22:37-9, Mark 12:30-31)

THE NEW COMMANDMENT

“Love one another.

As I have loved you, so you should love one another. ”

(John 13:34-35)

TEN COMMANDMENTS

- 1) I am the Lord your God: you shall not have strange gods before me.
- 2) Thou shall not take the name of the Lord your God in vain.
- 3) Remember to keep holy the Lord’s Day.
- 4) Honor your father and your mother.
- 5) You shall not kill.
- 6) You shall not commit adultery.
- 7) You shall not steal.
- 8) You shall not bear false witness against your neighbor.
- 9) You shall not covet your neighbor’s wife.
- 10) You shall not covet your neighbor’s goods.

GIFTS OF THE HOLY SPIRIT

Wisdom, Understanding, Counsel, Fortitude, Knowledge, Piety, and Fear of the Lord

FRUITS OF THE HOLY SPIRIT

Love, Joy, Peace, Kindness, Generosity, Goodness, Gentleness, Self-Control, Modesty, Faithfulness, Chastity, Patience

THEOLOGICAL VIRTUES

Faith, Hope, Love

CARDINAL VIRTUES

Prudence, Justice, Fortitude, Temperance

SEVEN THEMES OF CATHOLIC SOCIAL TEACHING

- 1) Life and Dignity of the Human Person
- 2) Call to Family, Community and Participation
- 3) Rights and Responsibilities.
- 4) Option for the Poor and Vulnerable
- 5) The Dignity of Work and the Rights of Workers
- 6) Solidarity
- 7) Care for God’s Creation

CORPORAL WORKS OF MERCY

Feed the hungry.

Give drink to the thirsty.

Clothe the naked.

Shelter the homeless.

Visit the sick.

Visit the imprisoned.

Bury the dead.

SPIRITUAL WORKS OF MERCY

Counsel the doubtful.

Instruct the ignorant.

Admonish sinners.

Comfort the afflicted.

Forgive offenses.

Bear wrongs patiently.

Pray for the living and the dead.

THE BEATITUDES

Blessed are the poor in spirit, for theirs is the kingdom of heaven.

Blessed are they who mourn, for they will be comforted.

Blessed are the meek, for they will inherit the land.

Blessed are they who hunger and thirst for righteousness, for they will be satisfied.

Blessed are the merciful, for they will be shown mercy.

Blessed are the clean of heart, for they will see God.

Blessed are the peacemakers, for they will be called children of God.

Blessed are they who are persecuted for the sake of righteousness, for theirs is the kingdom of heaven.

STATIONS OF THE CROSS

1) Jesus is Condemned to Death.

2) Jesus Takes Up His Cross.

3) Jesus Falls the First Time.

4) Jesus Meets His Sorrowful Mother.

5) Simon of Cyrene Helps Jesus Carry the Cross.

6) Veronica Wipes the Face of Jesus.

7) Jesus Falls a Second Time.

8) Jesus Meets the Women of Jerusalem.

9) Jesus Falls the Third Time.

10) Jesus Is Stripped of His Garments.

11) Jesus Is Nailed to the Cross.

12) Jesus Dies on the Cross.

13) Jesus is Taken Down from the Cross.

14) Jesus Is Laid in the Tomb.

PRAYER TO THE HOLY SPIRIT

Come, Holy Spirit, fill the hearts of your faithful.

And kindle in them the fire of your love.

Send forth your Spirit and they shall be created.

And you shall renew the face of the earth.